# Grab and Go

## Snacks

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grapes and Cheese</td>
<td>$5</td>
<td>grapes and cheddar</td>
</tr>
<tr>
<td>Fruit Cup</td>
<td>$5</td>
<td>seasonal berries</td>
</tr>
<tr>
<td>Pasta Salad (GF)</td>
<td>$8</td>
<td>pesto, toasted pine nuts, peas, grana padano</td>
</tr>
<tr>
<td>Vegetable Salad (VG)</td>
<td>$8</td>
<td>asparagus, peas, carrot, spring onion, shiitake mushroom, mint, red wine vinegar, olive oil, aleppo chili</td>
</tr>
<tr>
<td>Fava Bean Hummus (VG/GF)</td>
<td>$8</td>
<td>lemon, garlic, olive oil, almond flour crackers, carrot and celery</td>
</tr>
</tbody>
</table>

## Entrees

<table>
<thead>
<tr>
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</tr>
</thead>
<tbody>
<tr>
<td>Autumn Salad (V)</td>
<td>$13</td>
<td>wild lettuce, persimmon, dried cherries, gorgonzola, pecans, sherry-shallot vinaigrette</td>
</tr>
<tr>
<td>Caesar Salad (V)</td>
<td>$11</td>
<td>petite romaine, caesar dressing, croutons, parmagiana reggiano</td>
</tr>
<tr>
<td>Roasted Turkey and Cranberry Sandwich</td>
<td>$13</td>
<td>havarti, cranberry relish, horseradish aioli</td>
</tr>
<tr>
<td>Caprese Sandwich (V)</td>
<td>$13</td>
<td>pesto, mozzarella, tomato, olive oil, balsamic</td>
</tr>
<tr>
<td>Falafel Wrap (V)</td>
<td>$13</td>
<td>coconut-based tzatziki, red onion, tomato, pea tendrils, spinach wrap</td>
</tr>
</tbody>
</table>

## Kids

<table>
<thead>
<tr>
<th>Item</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Turkey and Cheddar Sandwich</td>
<td>$9</td>
<td>pullman loaf</td>
</tr>
<tr>
<td>Sunflower Butter and Jelly Sandwich (GF)</td>
<td>$9</td>
<td>sunflower butter, grape jelly, gluten free bread</td>
</tr>
</tbody>
</table>

## Desserts

<table>
<thead>
<tr>
<th>Item</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Banana Pudding</td>
<td>$5</td>
<td></td>
</tr>
<tr>
<td>Chocolate Chip Cookie</td>
<td>$4</td>
<td></td>
</tr>
</tbody>
</table>
## PIZZA

- **Classic Cheese**  $8  
  mozzarella, tomato sauce

- **Pepperoni**  $9  
  all beef pepperoni, mozzarella, tomato sauce

- **Seasonal Vegetable**  $10  
  delicata squash, kale, red onion, mozzarella, toasted pumpkin seeds

- **Classic Cheese Pie**  $45

- **Specialty Pie**  $50

## HOT ITEMS

- **Macaroni and Cheese**  $7  
  garlic and herb breadcrumbs

- **Soup of the Day**  $8
## Entrees

- **Soyrizo Tacos (2 Pieces) ** $13
  soyrizo, jalapeno, cashew crema, morita salsa, radish, cilantro

- **Fennel Tacos (2 Pieces) ** $13
  adobo, Fully Belly Farms black bean puree, pickled red onion

- **Beet Tostada (1 Piece) ** $12
  sikil pak, Fully Belly Farms black bean puree, cabbage, radish, avocado, cilantro, lime

- **Calabaza Tostada (1 Piece) ** $12
  maple butternut squash, Fully Belly Farms black bean puree, aleppo chili, mint, orange, maldon salt

## Sides

- **Chips and Guacamole ** $7
  onion, coriander, jalapeno, lime, corn chips

- **Chips and Salsa ** $6
  fire roasted salsa, corn chips

- **Elote ** $7
  aleppo chili, smoked chipotle, scallion, cilantro, cashew crema
ESPRESSO DRINKS

AMERICANO $3.50
ESPRESSO $3.50
LATTE $5
CAPPUCCINO $4.50
MOCHA $5.50
ICED AMERICANO $3.50
ICED LATTE $5
ICED MOCHA $5.50
ADD ESPRESSO SHOT $1

COFFEE, SPECIALTY DRINKS AND TEA

DRIP COFFEE
12oz $3.50

COLD BREW
12oz $5 | 16oz $6.50

HOT CHOCOLATE
12oz $4

TAZO TEA HOT TEA
12oz $4

TAZO ICED TEA
12oz $4 | 16oz $5

MILK ALTERNATIVES

OAT MILK
SOY MILK
Academy Burger with Fries  $16
  cheddar, bacon, caramelized onions, lettuce, horseradish aioli
  *With Truffle-Parmesan Fries +$3*

Cheeseburger with Fries  $13
  niman ranch beef, cheddar
  *With Truffle-Parmesan Fries +$3*

Chicken Tenders with Fries  $12
  choice of honey mustard, ranch or BBQ sauce
  *With Truffle-Parmesan Fries +$3*

  Truffle-Parmesan Fries  $8.50

Side of Fries  $6

Hot Dog  $8
  niman ranch all beef hot dog, brioche bun